



Pulaski Academy & Central School District

Health Office

Alyson Tighe, Middle-High School Nurse Susan Clark, Elementary Nurse

Health & Safety

Prevention of the spread of the COVID-19 virus is our top priority and requires the cooperation of all families in our school. Parents/guardians are advised to perform health screenings at home each morning before school. Temperature screening will be conducted each morning by school staff prior to boarding the bus or at the door (if the student is brought to school). Students should not come to school if they have a fever of 100° F or greater.

Do not give your child any fever reducing medications before school, such as ibuprofen or acetaminophen.

Students should also stay home if they have any of the following common COVID-19 symptoms:

- Fever or chills (100° F or greater)
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting and/or diarrhea

Students exhibiting any of these symptoms in school will be sent to the nurse's office. The student will not be allowed to stay in school until seen by a medical provider. If they are not diagnosed with COVID-19, they can return to school if they are fever free for 24 hours without the use of fever reducing medications AND have a note from their medical provider stating they have another diagnosis and are clear to return to school.

Immunizations

NYS Immunization Requirements for School Attendance are in effect regardless of the school format in September. Immunizations are still required even if your child is doing online learning only. If you have received a notice indicating your child still needs a required immunization, please make plans to complete the requirement before the start of school. Contact your child's medical provider to make an appointment. If your child is normally seen in our School Based Health Center (SBHC), please schedule an appointment at the Pulaski Health Center (61 Delano Street, Pulaski, NY) by calling 315-298-6564. The Oswego County Health Department also offers vaccination clinics. Details can be found on their website: https://health.oswegocounty.com/programs/1_preventive/imm.php or by calling 315-349-3547. No one is turned away for inability to pay.

Physicals

Student physicals are mandated by New York State for all new students and students in grades Pre-K or K, 1, 3, 5, 7, 9, and 11. Deadline for physicals has been extended to January 2021. If your child has had his or her physical, please submit a copy to the school nurse.

Additional information and forms can be found on the school's website at the 'Nurse' page found in 'Offices & Departments'.